



(RESEARCH ARTICLE)



## An investigation of the effect of the extracts from the seeds of *Bidens pilosa* on the growth of *Escherichia coli* and *Bacillus subtilis*

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### Abstract

*Escherichia coli* is a Gram-negative bacterium also found in the human. *Bacillus subtilis* is a Gram-positive, non-pathogenic, endospore-forming bacterium. The spores can survive the heat and ~~*B. subtilis*~~ to cause food poisoning. The study hypothesized that the extracts from *B. pilosa* would inhibit the growth of *E. coli* and *B. subtilis*. The seeds of *B. pilosa* were purchased from the seed company. The seeds were dried, ground, and shaken in acetone, ethanol, methanol, and water for 72 hours. Solvents were evaporated and the crude extracts were used for antibacterial activity using a modified Kirby-Bauer disc method. The results revealed that the growth of *E. coli* was inhibited by the extracts using ethanol. The zones of inhibition were 13 mm. The extracts that were extracted using acetone and water were not effective in inhibiting the growth of *E. coli*. The growth of *B. subtilis* was inhibited by the extracts from acetone and methanol. The zones of inhibition were 13 mm. The results revealed that the extracts from ethanol and water were not effective in inhibiting the growth of *B. subtilis*. Seeds of *B. pilosa* have the potential to be used as antimicrobials.

**Keywords:** Antimicrobial; *Bidens pilosa*; Zone of inhibition; Kirby-Bauer disc method; *Escherichia coli*; *Bacillus subtilis*

### 1. Introduction

In 2013, the Centers for Disease Control and Prevention (CDC) released a report on the threats by antibiotic threats. According to the report, antibiotic-resistant bacteria can cause illnesses and death as at least 2 million get infections and 23,00 die each year from the bacteria that are resistant to the antibiotics (U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2013) [1]. This prompted the White House to come up with a national strategy to the threat (The White House, Office of the Press Secretary, 2014) [2]. According to the order that was released by President Obama in 2014, combating antibiotic-resistant bacteria was to be treated as a national security priority. A 2019 report from the CDC (U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2019) [3], an estimate of 2,868,700 infections, and 35,900 deaths occur each year from antibiotic-resistant bacteria.

One of the organisms that are resistant to antimicrobials is *Escherichia coli* which has been an organism of interest in the present study. *E. coli* is a Gram-negative bacterium found harmless in the human. Although it is harmless, several studies have shown that the antimicrobial-resistant *E. coli* can cause harm in adult humans by causing urinary tract infections (Shah, *et al.* 2020; Selim *et al.* 2019) [4, 5] suggesting that during sexual intercourse due to the closeness of the vagina, urethra, and the anus, there is a possibility that *E. coli* can travel to the urethra, improper cleaning from back to front and holding the urine, and enlarged prostate gland are to blame for such infections. The harm of antimicrobial-resistant *E. coli* can also be observed in children with diarrhea (Omalajaiya, Afolabi, & Iweriebor 2020; Shahraki Zahedani, and Sayadzani 2018; Singh *et al.* 2019) [6, 7, 8]. The antibiotic-resistant *E. coli* had been found in food such as

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meat (Farhoumand *et al.* 2020) [9], and cheese (Hamzeh Pour, Vaziri, and Molaee Aghaee, 2019) [10]. Antibiotic-resistant *E. coli* can also be found in animals (Handrova, and Kmet 2019) [11], and in avian fertilizer (Agostinho *et al.* 2020) [12]. Seeing that antimicrobial-resistant *E. coli* is found everywhere in the environment, it is easy for it to be cycling around being transferred among biotic and non-biotic factors in the environment. Although not on the list of organisms that are resistant to antimicrobials, *Bacillus subtilis* has also been investigated in the present study. *B. subtilis* is a Gram-positive endospore-forming bacterium generally recognized as safe (U.S. Food Drug Administration 2019) [13]. The spores and the formation of biofilm can cause *B. subtilis* to be antibiotic-resistant causing food poisoning (Zhang *et al.* 2019) [14]. Chang *et al.* (2017) [15] found out that *B. subtilis* can form biofilm on treated waste heat pump systems.

Plant organs are used around the World as antimicrobials. For the current study seeds of *Bidens pilosa* have been investigated for the potential as antimicrobial. *Bidens pilosa* is an annual commonly known as beggarticks, burmarigold, and Spanish needle, that belongs to Asteraceae and has been introduced to the US (USDA, Natural Resources Conservation Service nd) [16].

Most of the research has been done on the effectiveness of *B. pilosa* using the roots, stems, leaves, and flowers as the antimicrobial but no studies have investigated the effectiveness of the seeds considering that the seeds are easily found as they can easily attach to the clothes. The objective of the study was to investigate whether the extract from the seeds of *B. pilosa* can inhibit the growth of *E. coli* and *B. subtilis*. An investigation was further done on which solvent to choose for extraction of the seeds from the water, acetone, ethanol, or methanol.

## 2. Material and methods

### 2.1. Extraction of plant materials

The seeds of *B. pilosa* were dried and ground to a homogeneous form using mortar and pestle. Sets of ground seeds were soaked in acetone. Another set of ground seeds were soaked in distilled water. The same procedure was carried out for ethanol and methanol. The seeds were soaked for 72 hours. The concentrations were reduced on all extracts. The extracts were stored for further analysis.

### 2.2. Antimicrobial screening

The plant extracts were tested against the bacterial strain. Using the modified Kirby-Bauer disc method, a test using a 6 mm filter paper disc with plant crude extracts was performed. *E. coli* and *B. subtilis* were transferred on Petri dishes containing agar using a swab saturated with bacteria (Anderson *et al.*, 2019) [17]. Six discs with different plant extracts were dispensed and lightly pressed onto the agar surface swabbed with bacterial strain. The agar plates each swabbed with *B. subtilis* or *E. coli* were placed in the incubator for 24 hours at 37°C. The procedure was carried out in four replicates. Results were recorded after the duration of incubation. Clear zones around the discs with plant extracts were measured (Anderson *et al.*, 2019) [17]. The zones of inhibition were interpreted as resistant, susceptible, and intermediate (Anderson *et al.*, 2019) [17].

## 3. Results

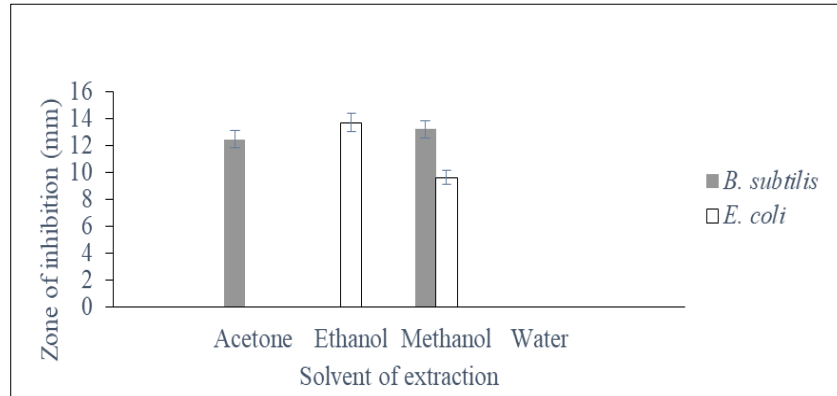
*B. pilosa* extracted with water did not inhibit the growth of either *B. subtilis* or *E. coli* (Figure 1). From the results *B. pilosa* extracted with ethanol did not inhibit the growth of *B. subtilis* whilst the growth of *E. coli* was inhibited. The average zone of inhibition using *B. pilosa* extracted with acetone was 12.5 mm (Figure 1). The average zones of inhibition using *B. pilosa* extracted with methanol for *B. subtilis* and *E. coli* were 13.25 mm and 9.67 mm, respectively.

## 4. Discussion

In all the studies that have been identified so far, the researchers are either utilizing the leaves or the whole plant body of *B. pilosa* to investigate the effect of the plant as an antimicrobial agent. The present study is one of the few studies where seeds are used to investigate the effect of the extracts of the seeds as antimicrobials.

The studies on the use of *B. pilosa* as antimicrobials have revealed that *B. pilosa* can be depending on the organ used, inhibit the growth of microorganisms, or show no activity at all. Leaves of *B. pilosa* have been used by Mabeku, Bille, and Nguepi (2016) [18] on methanol and ethyl acetate where they were using the *Helicobacter pylori*. They have found out that *B. pilosa* was not effective in inhibiting *H. pylori*. Using the essential oils from the roots of *B. pilosa* there was no activity against the Gram-negative bacterial cells (Verma *et al.* 2016) [19]. Using botanical material, Chiavari-Frederico

*et al.* (2020) [20], found that *E. coli* was not susceptible to *B. pilosa*. Ashafa and Afolayan (2009) [21], found out that root extracts from *B. pilosa* using acetone and methanol, inhibited the growth of *E. coli* but not the extracts using hot water. Njume *et al.* (2016) [22], used the whole plants; the roots, stems, leaves, and flowers, and revealed that the plant extracted using water did not inhibit *E. coli*, with inhibition by the acetone, ethanol, and methanol at 10 mm, 11 mm, and 11 mm, respectively. When using the leaves of *B. pilosa*, Adedapo, Jimoh, and Afolayan (2011) [23] found out that the growth of *E. coli* can be inhibited by the extracts using acetone, methanol but not water. So far, all the research reports have indicated that water is not a suitable solvent for the extraction of *B. pilosa*. The same trend has been observed in the present study. The solvent of choice in extracting *B. pilosa* can be assumed to either be methanol, ethanol, or acetone as has been displayed from the present study and other studies available to date.



**Figure 1** Zones of inhibition (mm) on *B. subtilis* and *E. coli*. grown in the presence of extracts from *B. pilosa*

## 5. Conclusion

The seeds of *B. pilosa* can also be used as antimicrobials in inhibiting the growth of *E. coli* and *B. subtilis*.

## Compliance with ethical standards

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### Disclosure of conflict of interest

There are no conflicts of interest to be disclosed by the authors.

### Statement of ethical approval

The present research work does not contain any studies performed on animals / human subjects by any of the authors.

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